

## Health & Addiction Services

### AA Meetings/Helpline

☎ 604.434.3933

### Detox Central – Detox Referral Line

☎ 1.866.658.1221

### HealthConnection Clinic

☎ 604.984.3777 ♡ 148 East 15<sup>th</sup> St.

### Turning Point Recovery Society

☎ Women - 604.971.0111

☎ Men - 604.988.4317

### Foundry (12-24 years)

☎ 604.984.5060 ♡ 211 W 1<sup>st</sup> St.

### Stepping Stones

☎ 604.982.5616 ♡ 250 - 145 West 17<sup>th</sup> St.

### Kelty Dennehy Mental Health Resource Centre

☎ 604.984.5000 Ext. 5190 ♡ 1337 St. Andrews Avenue

### VCH Harm Reduction services

☎ 604.983.6700 ♡ 6<sup>th</sup> Floor 132 W Esplanade Ave ♡ 8:30-4:30, M-F

### Pathways Serious Mental Illness Society

☎ 604.926.0856 ♡ 101 - 315 West 1st Street North Vancouver

### Police Non-Emergency Numbers

North Vancouver ☎ 604.985.1311

West Vancouver ☎ 604.925.7300

## Community & Support Services

### Provincial Services

#### Ministry of Social Development

☎ 1.866.866.0800 ♡ 900 - W. 16th Street, North Van ♡ 9am-4pm,

M-F closed 12 - 1pm

### WorkBC Employment Services (North Shore)

☎ 604.988.3766 ♡ 980 W 1<sup>st</sup> St #106

☎ Dial 211 For community and social services info

### Community Services

#### Harvest Project

☎ 604.983.9488 ♡ 1073 Roosevelt Cr.

### North Shore Disability Resource Centre

☎ 604.985.5371 ♡ 3158 Mountain Hwy

### North Shore Neighbourhood House/Food Bank

☎ 604.987.8138 ♡ 225 East 2<sup>nd</sup> St.

### North Shore Community Resources Society

☎ 604.985.7138 ♡ 201-935 Marine Dr

### Quest Non-Profit Grocery Market

☎ 604.566.0110 ♡ 167 East 1<sup>st</sup> St.

### North Shore Table Matters Network

✉ Coordinator@TableMatters.ca

🌐 TableMatters.ca

### Community Housing Action Committee

☎ 604.982.3309

### Better at Home Seniors

☎ 604.982.3321

## Emergency & Outreach Services

Sexual Assault Response Line (24 hrs) ☎ 604.924.7676

### Suicide Crisis Line 1.800.suicide

☎ (1.800.784.2433) 24 hrs. 7 days/week

### Adults & Seniors

#### Canadian Mental Health Association Outreach

☎ 604.987.6959 ♡ 300-1835 Lonsdale Avenue

### Hollyburn Community Services Seniors Outreach

☎ 604.968.3721

### CMHA Peer Assisted Care Team

Mental Health Crisis Line. 6:00pm-12:00am Thurs-Sun

☎ Call 1.888.261.7228 ⇄ Text 778.839.1831

### Lookout Emergency Shelter (24/7)

☎ 604.982.9126 ♡ 705 West 2<sup>nd</sup> St.

### 24 Hour Crisis Line ☎ 604.872.3311

### Seniors One Stop Information Line ☎ 604.982-3302

### Youth

#### North Shore Neighbourhood House Youth Outreach

☎ 604.987.8138

#### West Vancouver Youth Outreach ☎ 604.925.7233

#### North Shore Youth Safe House (14-18 yrs) ☎ 1.877.789.6884

#### Capilano Youth Outreach ☎ 604.988.7115 Ext. #2005

#### Parkgate Youth Outreach ☎ 604.983.6350

#### Intensive Youth Outreach (iYos) ☎ 604.984.3884

### Women & Children

#### NSCSS Homelessness Prevention Program ☎ 604.987.0366

#### North Shore Women's 24 Hour Support Line ☎ 604.987.3374

#### Family Services of the North Shore

Survivors of Violence Counselling ☎ 604.988.5281

### North Shore Women's Centre

☎ 604.984.6009 ♡ 131 East 2<sup>nd</sup> St.



# KEEPING SAFE

## North Shore Directory for Shelter, Assistance, Food, and Engagement

### North Shore Homelessness Task Force

[www.northshorehomelessness.org](http://www.northshorehomelessness.org)

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2023 EDITION

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9AM - 6PM			Food Bank - North Shore Neighbourhood House¹				
9AM - 4PM	CMHA: Outreach 9am-4pm Mon-Fri call: 604.828.6014						
9AM - 3:30PM	Health Connection Clinic: registered clients walk-ins 9am-11:30am, new client appointments 1pm-3:30pm						
9AM - 12PM					Open Door Community Hub Drop-In North Vancouver City Library	<div>● DROP INS</div> <div>● HEALTH PROGRAMS</div> <div>● FOOD PROGRAMS</div> <div>● SHOWER PROGRAMS</div>	
10AM - 12PM		Open Door Community Hub Drop-In North Vancouver Parkgate Library		Open Door Community Hub Drop-In North Vancouver Lynn Valley Library			
10AM - 4PM				CMHA Drop In Thurs. only 10am-4pm			
		Food Service Salvation Army					
11AM - 1PM		Emergency Food Program St. Andrew's United - North Shore ID required for new clients					
11:30AM - 1 PM	Free Shower Program JBCC						
12PM - 1PM			Lunch time meal - Royal Canadian Legion Branch 118	Free Community Lunch (Sit Down) St.Andrew's United			
12PM - 2:30PM	Free Shower Program WVCC		Free Shower Program WVCC	Free Shower Program WVCC		Free Shower Program WVCC	
1PM - 2 PM						Bag Lunch North Shore Neighbourhood House	
1:30PM - 3:00PM			Coffee, Church Service & Food Card *must register				
1:30PM - 4:30PM							Open Door Community Hub Drop-In North Vancouver City Library
3PM - 5 PM		Sharing Abundance Dinner - Take Out EXCEPT Second Tuesday of the month - N. Lonsdale United Church	Lookout Shelter supports extreme cold weather emergency overnight beds. For up to date information please visit <a href="https://NorthshoreHomelessness.org">NorthshoreHomelessness.org</a> Computer Use: NS Women's Centre, NS Libraries, and Work BC Employment Centre • ¹Registration on site; No Food Bank on Cheque Day • ²Registration requested by Monday, call 604.985.4911 NSEM is using Alertable to issue alerts for emergencies. Stay informed! Download the free app at <a href="https://NSEM.ca/alertable">NSEM.ca/alertable</a>				
5:30PM - 6:30PM		Sharing Abundance Dinner - Second Tuesday of the Month ONLY - Sit-Down - N. Lonsdale United Church					
6PM - 12AM				CMHA Peer Assisted Care Team - Mental Health Crisis Line 1.888.261.7228 or text 778.839.1831			

## Locations & Contact

### Canadian Mental Health Assoc. (CMHA)

📞 604.987.6959 📍 300-1835 Lonsdale Ave. North Van

### North Lonsdale United Church

📞 604.985.4911 📍 3380 Lonsdale Ave. North Van

### North Shore Alliance Church

📍 201 East 23<sup>rd</sup> St. North Van

### North Shore Neighbourhood House

📞 604.987.8138 📍 225 E 2<sup>nd</sup> St. North Van  
Ground level, back lane

### Royal Canadian Legion - Branch 118

📞 604.985.1115 📍 123 West 15<sup>th</sup> St. North Van

### Salvation Army

📞 604.988.7225 📍 105 West 12<sup>th</sup> St. North Van

### St. Andrew's United Church

📞 604.985.0408 📍 1044 St. Georges Ave. North Van

### North Vancouver City Library

📞 604.988.3450 📍 120 14 Street West, North Van

### West Vancouver Community Centre (WVCC)

Change Rooms (2121 Marine Drive, West Vancouver)  
Meet at south side of community centre 📞 604.925.7279

### John Braithwaite Community Centre (JBCC)

📞 604.983.6471 📍 145 W 1<sup>st</sup> St, North Van

### Parkgate Library

📞 604.929.3727 📍 3675 Banff Court, North Van

### Lynn Valley Library

📞 604.984.0286 📍 1277 Lynn Valley Road, North Van